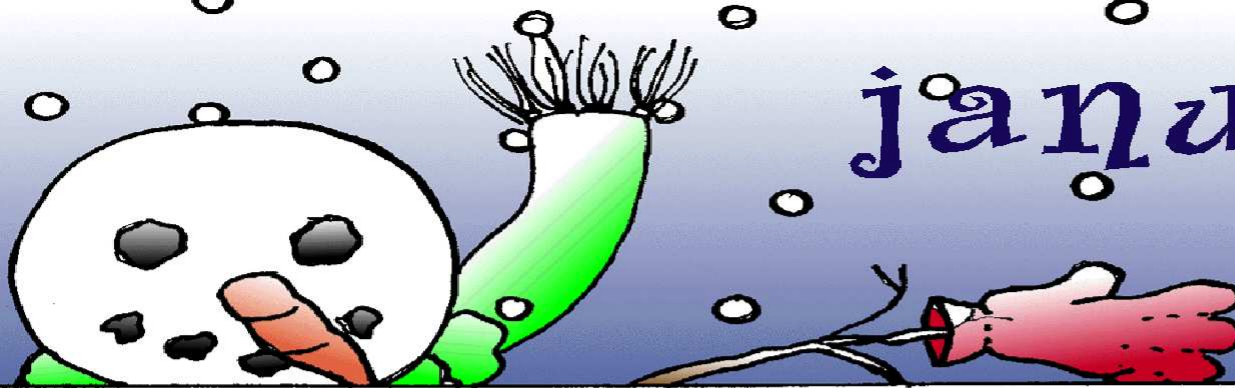


january



2 HAPPY NEW YEAR	3 MCS HOT DOG/BUN MICHIGAN SAUCE GARDEN SALAD MILK OFFERED@MCS BREADS OFFERED@MCS	4 MCS VIKING RIBS MASHED POTATOES GARDEN SALAD PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS	5 MCS GUOLASH GARDEN SALAD DINNER ROLL PB/GRAPE JELLY SANDWICH TURKEY SANDWICH	6 MCS PIZZA GARDEN SALAD PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS MIXED FRUIT	Cal 709 T.Fat 17.38 G S.Fat 5.7 G Chol 47.3 Mg
9 MCS TURKEY CLUB SANDWICH LETTUCE & TOMATO CHEESE SLICE FRESH FRUIT BOWL MILK OFFERED@MCS	10 PASTA/TOMATO SAUCE GARDEN SALAD PB/GRAPE JELLY SANDWICH HAM SANDWICH	11 BAKED HAM MASHED POTATOES GARDEN SALAD BREADS OFFERED@MCS MILK OFFERED@MCS	12 MCS HAMBURGER/BUN GARDEN SALAD FRESH FRUIT BOWL PB/GRAPE JELLY SANDWICH	13 MCS PIZZA GARDEN SALAD PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS FRESH FRUIT BOWL	Cal 636 T.Fat 13.24 G S.Fat 4.6 G Chol 25.3 Mg
16 REV. MARTIN LUTHER KING NO SCHOOL	17 MCS SOFT/HARD TACOS LETTUCE & TOMATO SALSA TACO SAUCE MOZZARELLA	18 MCS ITALIAN DUNKERS GARDEN SALAD SALAD DRESSING, Assorted BREADS	19 CHICKEN FAJITAS PB/GRAPE JELLY SANDWICH HAM SANDWICH SALAD, TOSSED SALAD	20 MCS PIZZA GARDEN SALAD PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS MIXED FRUIT	Cal 762 T.Fat 19.25 G S.Fat 6.2 G Chol 58.3 Mg
23 SOUP/SANDWICH DAY CRACKERS VEGETABLE PLATTER MILK OFFERED@MCS FRESH FRUIT BOWL	24 HAMBURGER ON A BUN NACHOS BROCCOLI, raw PB/GRAPE JELLY SANDWICH	25 SPAGHETTI WITH MEATBALLS GARDEN SALAD SALAD DRESSING, Assorted PB/GRAPE JELLY	26 MCS CHICKEN NUGGETS/PATT GARDEN SALAD BREADS OFFERED@MCS MILK OFFERED@MCS	27 MCS PIZZA GARDEN SALAD PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS MIXED FRUIT	Cal 721 T.Fat 14.68 G S.Fat 4.1 G Chol 24.2 Mg
30 SLOPPY JOE ON A BUN PB/GRAPE JELLY SANDWICH LETTUCE & TOMATO CHEESE SLICE	31 MCS GRILLED CHICKEN BREA LETTUCE & TOMATO PB/GRAPE JELLY SANDWICH TURKEY SANDWICH	ELEMENTARY LUNCH :012			Cal 526 T.Fat 13.24 G S.Fat 4.4 G Chol 36.9 Mg

