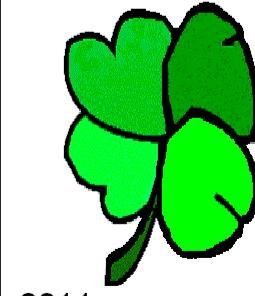


ELEMENTARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
	1 MCS HAMBURGER/BUN PB/GRAPE JELLY SANDWICH LETTUCE & TOMATO APPLES, Fresh	2 ROAST TURKEY MASHED POTATOES BROWN GRAVY APPLES, Fresh MILK OFFERED@MCS PB/GRAPE JELLY	3 MCS ITALIAN DUNKERS MOZZARELLA CHEESE MILK OFFERED@MCS PB/GRAPE JELLY	4 MCS PIZZA GARDEN SALAD MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH FRUIT	Cal 723 T.Fat 14.94 G S.Fat 4.8 G Chol 30.6 Mg Sodm 667.43
7 MCS CHICKEN NUGGETS/PATT LETTUCE & TOMATO CHEESE SLICE FRUIT JUICE, ASSORTED MILK	8 MCS SANDWICH DAY APPLES, Fresh MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH	9 MCS GUOLASH GARDEN SALAD MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH HAM SANDWICH	10 MCS GRILLED CHICKEN BREA GARDEN SALAD MOZZARELLA CHEESE PB/GRAPE JELLY SANDWICH	11 MCS PIZZA GARDEN SALAD MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH FRUIT	Cal 796 T.Fat 14.88 G S.Fat 4.6 G Chol 32.0 Mg Sodm 795.26
14 MCS CARONI/CHEESE/H MILK OFFERED@MCS APPLES, Fresh PB/GRAPE JELLY SANDWICH	15 CHICKEN NUGGETS GARDEN SALAD BREADS OFFERED@MCS MILK OFFERED@MCS APPLES, Fresh	16 MCS VIKING RIBS MASHED POTATOES GARDEN SALAD PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS	17 HAMBURGER ON A BUN NACHOS GARDEN SALAD FRESH FRUIT BOWL MILK OFFERED@MCS	18 MCS PIZZA GARDEN SALAD MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH FRESH FRUIT BOWL	Cal 756 T.Fat 18.51 G S.Fat 5.8 G Chol 37.7 Mg Sodm 762.17
21 MCS CHICKEN NUGGETS/PATT GARDEN SALAD VEGETABLE PLATTER MILK OFFERED@MCS	22 MCS AUCE/MOZZARELL STI GARDEN SALAD FRESH FRUIT BOWL MILK OFFERED@MCS	23 MCS SOFT/HARD TACOS TACO SAUCE LETTUCE & TOMATO MILK OFFERED@MCS PB/GRAPE JELLY	24 MCS MEATBALL SUBS GARDEN SALAD FRESH FRUIT BOWL MILK OFFERED@MCS BREADS	25 MCS PIZZA GARDEN SALAD MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH FRESH FRUIT BOWL	Cal 717 T.Fat 19.57 G S.Fat 7.4 G Chol 52.4 Mg Sodm 743.50
28 MCS HOT DOG/BUN MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH MCS MICHIGAN SAUCE	29 VIKING SUB LETTUCE & TOMATO PB/GRAPE JELLY SANDWICH MILK OFFERED@MCS	30 HAMBURGER ON A BUN GARDEN SALAD MILK OFFERED@MCS PB/GRAPE JELLY SANDWICH	31 MCS FISH FILET MASHED POTATOES GARDEN SALAD FRESH FRUIT BOWL MILK OFFERED@MCS PB/GRAPE JELLY		Cal 747 T.Fat 14.56 G S.Fat 4.3 G Chol 29.4 Mg Sodm 744.50