

Effective Jan 5, 2022,

ECHD is following NYSDOH/CDC Guidance for Isolation & Quarantines, applicable to everyone in the General Population **and** in K-12 School settings. **ECHD will adopt any additional changes, if any, for K-12 School settings issued by NYSDOH (**guidance forthcoming**).

- ALL cases - STAFF & STUDENTS who test positive on an at-home test should be instructed to report their at-home positive test on our website <https://www.co.essex.ny.us/Health/covid-19-information-and-resources/>

It is especially important to note the change for staff and students to who is considered vaccinated.

To be considered vaccinated, a person must be fully vaccinated and have received the booster if eligible for the booster. The CDC guidance on boosters can be found here: [COVID-19 Vaccine Booster Shots | CDC](#).

This means that a person may have been exempt from quarantine yesterday and is now, as of January 5, 2022, that same person will be required to quarantine, if they have not received the booster for which they are eligible. Please see below for the full information about the changes.

Summary of Key Points

Tested positive for COVID-19

- Isolate for 5 days, where Day 0 is either symptom onset date, if symptomatic, or the date of first positive test, if asymptomatic
- Exit isolation on Day 6 if symptoms are resolving.
- Wear a mask for 5 additional days.

Are exposed to COVID-19

- Day 0 is the last date of exposure
- Quarantine for 5 days if not fully vaccinated; or fully vaccinated and not boosted (if eligible for booster); or fully vaccinated and boosted but booster was not at least 2 weeks before first date of exposure
- If possible, test at Day 5
- Wear a mask for 5 additional days

*No quarantine is required for those fully vaccinated and boosted (if eligible).