

## **JANUARY 2024**

Moriah Central School

Every day we offer a delicious and varied salad bar full of fruits and veggies. This accompanies

				our from scratch cooking methods.	
•	Monday	Tuesday	Wednesday	<ul><li>Thursday</li></ul>	<ul><li>Friday</li></ul>
•	NEW YEAR'S DAY  NO SCHOOL TODAY	NO SCHOOL TODAY	Sticky Chicken Fried Rice Fruits & Veggies Milk	Hamburger/Cheeseburger  HM French Fries  Fruits & Veggies  Milk	Cheese Calzone Pepperoni Calzone Fruits & Veggies Milk
•	Macaroni & Cheese 8 Pulled Pork Fruits & Veggies Milk	Beef or Bean Nachos 9 Brown Rice Fruits & Veggies Milk	Sesame Chicken Lo Mein Fruits & Veggies Milk	Chicken & Dumplings Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	NO SCHOOL TODAY	Meatball Subs Pasta Salad Fruits & Veggies Milk	Grilled Cheese Tomato Soup Fruits & Veggies Milk	Baked Potato Bar Chili & Cornbread Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Chicken Alfredo Roasted Broccoli Fruits & Veggies Milk	Italian Dunkers  Marinara & Green Beans  Fruits & Veggies  Milk	Beef or Bean Taco Brown Rice Fruits & Veggies Milk	Pulled Pork Sandwich 25 Baked Beans & Coleslaw Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Goulash  Garlic Bread & Green Beans  Fruits & Veggies Your child can get 3 items free if they bring lunch!!	Chicken Cantina Bow <mark>l30</mark> Chips & Guacamole Fruits & Veggies even Milk	Brunch For Lunch Fruits & Veggies Alternate choices are PB&J or Salad Sandwich.		students eat free meals ur school.