

Welcome to our new families and welcome back to our returning families. As always, we look forward to nourishing your children!

Last year we introduced a new food and nutrition program that focuses on cooking from scratch and with local foods. Here is a quick “snapshot” of what our program is. In the cafeterias at Moriah Central School District, most recipes are now being made using nutritious and wholesome ingredients. We will be receiving local produce from farms in our region, such as yogurt from North Country Creamery, veggies from Juniper Hill and the Hub on the Hill, and local beef. We will work hard to continue to advocate for local procurement and support the community we live in. We feel that it is our job to make sure that children are properly nourished. Studies have clearly demonstrated that well-nourished individuals enjoy improved academic experiences and better mental health outcomes.

This year we are thankful to offer meals once again at NO COST for every student, both breakfast and lunch, under the Federal Community Eligibility Provision Grant (CEP). We are reaching a new normal which has allowed us to reduce our consumption and use of disposable products and increase reusable dish use. This switch will continue to allow us to offer more fresh fruits, vegetables, and homemade products to the students. We will have a la carte options available for purchase this year, such as ice cream and healthy snacks that fall under the Smart Snacks rule from USDA.

Thank you all so very much and we cannot wait to see and nourish your children!

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