

MARCH 2023

MORIAH CENTRAL SCHOOL

Every day we offer a delicious and varied salad bar full of fruits and veggies.

Monday

Tuesday

Wednesday

Thursday

Friday



1
Chicken Fajita
Brown Rice
Fruits & Veggies
Milk

2
Chicken Alfredo w/
Broccoli
Fruits & Veggies
Milk

3
Chef's Salad W/ Roll
Broccoli Cheddar Soup
Fruits & Veggies
Milk

4
Beef or Bean Taco
Fruits & Veggies
Milk

5
Cheese Pizza
Pepperoni Pizza
Fruits & Veggies
Milk

6
Sticky Chicken
Lo Mein
Fruits & Veggies
Milk

7
Chicken Alfredo w/
Broccoli
Fruits & Veggies
Milk

8
Meatball Subs
Fruits & Veggies
Milk

9
Chicken Cantina Bowl
Fruits & Veggies
Milk

10
Cheese Calzones
Pepperoni Calzones
Fruits & Veggies
Milk

11
Pulled Pork Sandwich
Fruits & Veggies
Milk

12
Goulash
Garlic Bread
Fruits & Veggies
Milk

13
Tuna Boats
W/ Soup
Fruits & Veggies
Milk

14
Brunch For Lunch
Fruits & Veggies
Milk

15
Cheese Pizza
Pepperoni Pizza
Fruits & Veggies
Milk

16
Macaroni & Cheese
Fruits & Veggies
Milk
Your choice of eggs at no cost even if they bring lunch!!

17
Beef or Bean Burrito
Brown Rice
Fruits & Veggies
Milk

18
Stuffed Peppers
Chips & Salsa
Fruits & Veggies
Milk

19
Baked Potato Bar
Chili / Broccoli / Cheese
Cornbread
Fruits & Veggies
Milk

20
Cheese Calzone
Pepperoni Calzone
Fruits & Veggies
Milk

21
Macaroni & Cheese
Fruits & Veggies
Milk

22
Beef or Bean Burrito
Brown Rice
Fruits & Veggies
Milk

23
Lasagna
Garlic Bread
Alternate choices are PB&J or Egg Salad Sandwich.
Fruits & Veggies
Milk

24
Sausage & Peppers
On Roll
Fruits & Veggies
Milk

25
Cheese Pizza
Pepperoni Pizza
Fruits & Veggies
Milk
All students eat meals at no cost in our school.

Milk is offered daily.